

Procedure for putting someone on the Sound Lounge

It is best if the attendant of the Lounge has personally experienced all of the DVDs so they can recommend a session from a place of experience. Also they should be full trained in operation of the on/off controls and the volume controls for both the controls on the lounge.

If an intake sheet is used, ask if they would now fill it out or if they would want you to fill it out for them. An example of an intake sheet is available at this site. If this is not the persons first time on the lounge, they may already know which DVD they would like play. If this is the first time, then this is when your experiencing all of DVDs becomes invaluable in assisting the person making the decision.

Once the decision is made on the program, eject the DVD in the TV if it is going to be changed and carefully replace it into the DVD wallet without touching the back side with your fingers. Put the new selection in with the label facing you if you are using the Insignia brand LCD with DVD.

While putting in the new DVD, ask if they have any questions about the session. Ask if they need assistance getting on the lounge or into the chair. Let them know to wait to get up until they feel grounded and have them ask for help if they feel woozy.

Once the video becomes viewable on the screen, instruct the client as how to adjust the bed intensity from the remote. If headphones are to be used, do the same. If they prefer open air surround sound make sure the sound level is comfortable before you leave. Let them know that they can get up at any time and find you if they want to stop their session. Tell them to feel free to close their eyes and drift into a sleep state, as the benefits are even better if they sleep.

Just as you are leaving the room, ask if anything is uncomfortable for them.

When the DVD is finished, ask if they need assistance getting off the lounge or out of the chair. Using a timer will let you know the video is about over so you can come back in the room timely. Ask them their experience and if they would like to do this again.

If this session provides a complimentary DVD, explain how important repetition is because the effects are cumulative. Have them take home the DVD if complimentary, if not part of the package let them know they can purchase one to take home for use on their TV or Computer.

Tell them that most of their questions can be addressed on your website or www.thesecretsofsoundtherapy.com

Spray room and prepare for next person even if there is no one booked. Turn off lounge or pad.

